

« [06/10: Relationships: Take a break to listen and keep yourself out of trouble](#)
[4/14: Photo Blog: Brutus the Bulldog](#) »

06/10: Going Green: Don't get red, be "green"

By Jennifer Brown/Assistant Photo Editor

Summer has arrived and everyone is staying outdoors longer. Conservation does not have to take a backseat to helping reduce your carbon footprint. Here are three ways to stay "green," over the hot, summer months.

1. Shop at the local farmers market.

The [farmers markets](#) flourish in the summertime. The farmers sell their crop to the local consumers at a cheaper price than most supermarkets. Whereas most supermarkets charge for shipping and packaging in the retail cost, this is not the case at the farmers market. They are simply there to socialize with the community and make a living. Farmers market often provides a better product to the consumer because the produce is fresh and has not sat in a freezer for hours or days at a time.

2. Try to reduce paper waste.

There are simple solutions to reducing your [paper](#) consumption in your home. First, you can double side everything you print. Or, if your bank provides the option you can stop paper bank statements from coming to your home and get them online. You can also start paying your bills online in order to reduce the amount of paper sent to you. Reducing your paper use by not using paper dishes, use regular dishes instead. Don't forget to dry those dishes with a cloth towel instead of paper towels.

3. Unplug every [electronic device](#) you don't use.

This is something small that can really reduce your electric bill. All it takes is the simple act of unplugging chargers when they are not in use. When they are left plugged into the outlet, they are still using energy. Unplugging electronics while you aren't using them can save you money on your electric bill and reduce the energy waste in your home.

This entry was posted on Thursday, June 10th, 2010 at 2:12 am and is filed under [Going Green](#). You can follow any responses to this entry through the [RSS 2.0](#) feed. You can [leave a response](#), or [trackback](#) from your own site.

No Responses to "06/10: Going Green: Don't get red, be "green"'"

No comments yet

Leave a Reply

You must be [logged in](#) to post a comment.