

RED CROSS

Red Cross stresses preparation for disasters

By Jennifer Brown
Administration Editor

Valerie Carr, manager of the local Red Cross, presented tornado safety strategies on Sunday, June 5, for attendees.

"We do presentations like this around the country seven days a week," Carr said. "The events in Missouri and Alabama have caused people in our community to take note of our own personal preparedness."

Carr said it is important for each family to have a plan in the event of an emergency.

"If every family did what they had to do to be prepared, then the community is a prepared community," Carr said.

Carr explained that having an emergency kit with enough survival items for three days is essential.

Among these items should be water, a manual can opener, nonperishable food, flashlight and extra batteries.

"Having a hand-crank flashlight or extra batteries is critical," Carr said.

Alternative-power radios before and during the storm also allow people to get weather reports and know where to take safe shelter.

Clothing and bedding should be included in disaster kits where people

commonly evacuate for storms, Carr said.

Carr emphasized the importance of how important it is to carry cash during a disaster because technology may not be reliable.

"Cash and coins are almost a thing of the past," Carr said. "In an area where the power may be out for 10 days, 2 weeks or 3 weeks, those ATMs won't work unless they're hooked up to a generator."

Rachael Fisher, director of student community service, said she had heard last week's sirens go off and asked, "Do I know what to do?"

"In the moment, I'm not thinking about my three-day food supply," Fischer said. "There's fires and tornadoes in Charleston and we should be prepared."

Fisher said it's only a few steps to take to prepare to be prepared for a disaster.

"If you rent an apartment, talk to your landlord," Fisher said. "Find out about CPR classes."

Carr's presentation has broken down the information in bite-size pieces, Fisher said.

Those who attended the presentation should feel ready for any emergency.

"We become empowered with this



AUDREY SAWYER | THE DAILY EASTERN NEWS

Valerie Carr, bridge manager for the Coles County Red Cross, gives a presentation on how to prepare for tornadoes and other severe weather Sunday afternoon in the University Ballroom of the Martin Luther King Jr. University Union.

knowledge," Fisher said. "Knowing how to navigate the system for yourself is important. Learn to do it now."

Deanna Ochs, of Charleston, attended the presentation to become more informed about disasters.

"It's given me more of an incentive to get a plan together," Ochs said. "It's

something I can do."

Ochs said she plans to have her emergency kit items centrally located in her home.

"I'll have everything ready to go," Ochs said. "I'll have a water supply and batteries."

Carr and the Red Cross held a raf-

fle at the end of the presentation and Ochs was awarded a first aid backpack.

"This should help me get started," Ochs said. "Everything's right here."

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WEBINAR

Webinar talks dangers of tailgating

By Alesha Bailey
Campus Editor

A webinar on the risk of alcohol consumption at game day tailgating events will be presented to promote alternatives to heavy drinking and campus safety.

The webinar is called "High Risk Prevention Strategies for Game Day" and is sponsored by the Illinois Higher Education Center (IHEC).

The webinar will be held Wednesday, June 8, from 11 a.m. to noon and will be presented by Tavis Glassman from the University of Toledo in Toledo, Ohio.

Glassman said he will talk about how big of a problem tailgate drinking is and ideas for heavy drinking intervention.

"Those ideas include education, offering alternatives, nonalcoholic alternatives on game day, policy changes, and enforcement," he said.

Glassman said he worked on the webinar for the last couple of weeks, but he has researched his information since 2006.

Glassman did his dissertation on game day alcohol consumption and found that people drink more heavily on game day than any other social event.

"So if you have that many people intoxicated in one location, then it's a public health issue, and it's a liability issue for the university," Glassman

"It's kind of like tobacco use. Fifty years ago, people actually smoked inside classrooms."

Tavis Glassman, University of Toledo

said. "Somebody's going to get hurt, and we don't want people to get hurt."

Glassman said negative factors associated with high risk drinking include fights, vandalism, littering on campus and mixed messages about alcohol abuse sent to students.

Glassman said the education of public safety issues, such as high risk drinking, has been known to change legislation over time.

"It's kind of like tobacco use. Fifty years ago, people actually smoked inside classrooms. The professor might even smoke while he's teaching. And now you can't smoke inside, and some people can't even smoke on campus, let alone inside," he said.

Glassman said the goals for the webinar are to help implement public safety and public health measures, and to inspire others to prevent high-risk drinking.

Jessica Wright, assistant director of the IHEC, said the organization is funded to do alcohol and other drug prevention programs for all four-year

schools and two-year colleges in the state of Illinois.

Wright said the IHEC got the idea for the webinar from the colleges and universities that the organization works with.

"One of the things that has been a hot topic of discussion among the schools that we deal with is the concept of high risk drinking on game day, and so that was one of those topics that people wanted to see more information about," Wright said.

Wright said people are still registering, and the number of registrants will change from day to day until Wednesday.

Wright said people can register by going to <https://www1.gotomeeting.com/register/991298456> and registrants can log on Wednesday to view the webinar.

Wright also said the webinar will be recorded so anyone will be able to view the presentation on www.eiu.edu/ihec after Wednesday.

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ART

Class to teach 2D, 3D

By Alesha Bailey
Campus Editor

An art class for young children is part of a series of art classes that will be conducted in the Tarble Arts Center this summer.

The class is called Art Investigations, which will be taught Tuesdays and Thursdays, June 7 - 23 from 10 to 11 a.m.

The class will be for children ages 4 to 6.

"Students will learn how to properly use materials like scissors, paint, paintbrushes, and they will learn how to think not only in two dimensions, but three dimensions," said Alyssa Gordon, the instructor for the Art Investigations class.

Gordon, an art major with teacher certification, said the students will start drawing with different types of media. The students will also do various 2-D and 3-D projects such as abstract drawings and 3-D fish.

Gordon said one of the goals she has for the course is for her students to gain confidence in their own abilities and desire to create more artwork of their own.

"Every project the students create during the Summer Art Investigations they will be able to take home, hopefully to be revered by their friends and family," Gordon said.

Gordon said she was introduced to the instructing position through one of her art courses.

"I was in an Elementary Methods class during the spring semester that required us to conduct a tour for elementary students of an art exhibition at the Tarble Arts Center and instruct the students in a studio project," Gordon said.

Gordon said Kit Morice, curator of education, observed and critiqued the Elementary Methods class and approached Gordon near the end of the semester to see if she would be interested in teaching Art Investigations.

Gordon said she has had experience teaching studio projects to children of different ages.

"However, this is only my second experience with 4- through 6-year-olds, so it will be an exciting experience," she said.

Gordon said teaching art to younger children is important for a number of reasons.

"Children can experiment and grow in their creativity, which will encourage them to continue with art at an older age. Art also helps physically with things like motor skills; as well as mentally, with problem solving," Gordon said.

Other classes that will be taught include Introduction to Fine Metals, Hand-Building With Clay, Next Generation of Artists, and Stop Motion Film Workshop.

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